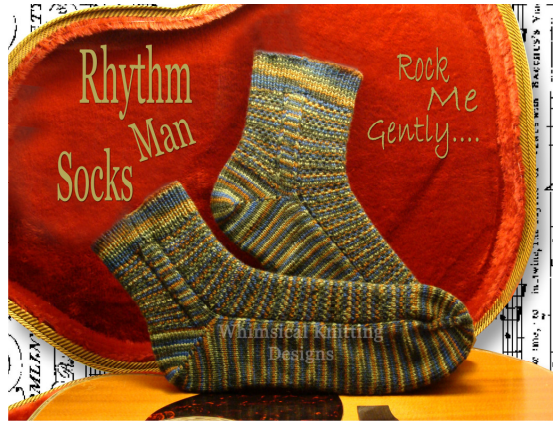


## Rhythm Man Socks



designed by Rebecca Mercier

### Stats

**Finished size:** Men's size 11

**Construction:** toe up with short row heel

**Yarn:** 100 gram sock yarn

Yarn used: 2 skeins of Knit Picks Sock Memories "Fly Fishing" colorway  
(192 yds = 1-50 gr. skein)

**Needles:** size 2 (2.75mm) 24" circular needles (or sockknitting method of choice). Adjust needle size if necessary to obtain gauge.

**Gauge:** 8 sts/12 rounds = 1 inch in St. st.

**Notions:** darning needle, stitch holder, stitch markers

**Using figure 8 (or closed cast on of choice) cast on 24 sts.**

**Set up round:** knit 1 round and distribute sts evenly onto 2 circs.

**Round 1:** Needle 1 (sole of sock): k1, RLI, k to last st, LLI, k1; Needle 2 (instep): k1, RLI, k to last st, LLI, k1

**Round 2:** knit all sts

*Repeat these 2 rounds until there are 72 sts, begin pattern on instep; St. st. on sole.*

**Stitch Pattern for instep:** (36 st/4 round pattern)

**Round 1:** k3, p2, (k1, sl 1 wyif) x13, p2, k3

**Round 2:** k2, sl 1 wyib, p2, k26, p2, sl 1 wyib, k2

**Round 3:** k3, p2, (sl 1 wyif, k1) x 13, p2, k3

**Round 4:** k2, sl 1 wyib, p2, k26, p2, sl 1 wyib, k2

**Sole of foot:** knit

Continue in pattern for 9 ½ inches or 1 ½ inches shorter than desired length of sock.

### Short Row Heel:

36 instep sts are not worked, and can rest on their circular needle. Work the 36 heel sts. as follows, knitting back and forth on the sole/heel circular needle:

**Part One— decreasing heel sts.:**

**Row 1:** knit to last st., w&t

**Row 2:** purl to last st., w&t

**Row 3:** knit to last st. before wrapped st., w&t

**Row 4:** purl to last st. before wrapped st., w&t

Continue in this fashion until there are 12 live sts. & 12 wrapped sts. on each side of the live sts.

**Part Two – increasing heel sts.:**

**Row 1:** knit across 12 live sts to the 1<sup>st</sup> wrapped st., pick up the wrap with the st. & knit them together, w&t (this st. will now have 2 wraps).

**Row 2:** purl across to 1<sup>st</sup> wrapped st., pick up the wrap with the st. & purl them together; w&t (this st. will now have 2 wraps, as will all wrapped sts from here on).

**Row 3:** knit across to wrapped st., pick up both wraps with the st.; knit all 3 together, w&t.

**Row 4:** purl across to wrapped st, pick up both wraps with the st.; purl all 3 together, w&t.

Continue in this fashion (Rows 3 & 4) until you have consumed all of the sts *except the wraps on each end* (only 2 wrapped sts left, one on each end). Knit across to the last st. (\*remember, this is a double wrapped st.), pick up both wraps with the st.; knit all 3 together, **DO NOT turn**, rather begin knitting in the round (*Next round,\* following the round ended on the instep* ), knit across instep needle. As you are continuing to knit in round (across the instep needle), and reach other needle, the 1<sup>st</sup> stitch on this needle will be the last double wrapped st. from the heel, pick up the wraps with the st. and knit all 3 together (this will have consumed all wrapped sts.), continue with the leg ☺

\*\*Picking up the doubled wrapped stitches on the end of the heel in this way will prevent a hole when beginning to knit in the round again ☺\*\*

**Sock Leg Pattern:**

**Stitch Pattern for instep:** (36 st/4 round pattern)

**Round 1:** k3, p2, (k1, sl 1 wyif) x13, p2, k3 – twice (stitch pattern once per circular needle)

**Round 2:** k2, sl 1 wyib, p2, k26, p2, sl 1 wyib, k2 - twice

**Round 3:** k3, p2, (sl 1 wyif, k1) x 13, p2, k3 - twice

**Round 4:** k2, sl 1 wyib, p2, k26, p2, sl 1 wyib, k2 - twice

Repeat Sock Leg Pattern 12 times or desired length.

**Ribbing:**

**Rounds 1-15:** \*k1, p1; repeat from \*

Bind off using sewn bind off.

Weave in ends.

**Stitch Key**

**SI 1 wyif :** slip 1 stitch with working yarn held in front of work

**SI 1 wyib:** slip 1 stitch with working yarn held in back of work

**LLI - Left Lifted Increase:** knit 1 stitch, carefully insert needle into the 2<sup>nd</sup> loop below the stitch just knit & put this loop onto the left needle, knit it – 1 left leaning increase created – continue knitting as usual.

**RLI - Right Lifted Increase:** insert right needle into the right leg of the stitch below the next stitch & put it on the left needle, knit it– 1 right leaning increase created – continue knitting as usual

**W&T (wrap and turn):**

*knit side* - bring yarn forward between needles, slip st. from left hand needle to right hand needle; move yarn backward between needles, slip st. back to left hand needle & turn work  
*purl side* – move yarn backward between needles, slip st. from left hand needle to right hand needle, bring yarn forward between the needles, slip st. back to left hand needle & turn work